



Department: Physical Education

**Overview: we will be following the national curriculum at KS3 and KS4 and the Cambridge National if PE is chosen as a GCSE exam subject at KS4.**

In Years 7 to 9 pupils will participate in Outdoor Adventurous Activities, dance, gymnastics, football, athletics, basketball/netball and cricket, throughout the year. They will refine the concepts that they have been taught at KS2 and develop their skill level in each sport. Furthermore, they will develop their knowledge and understanding of anatomy and physiology (e.g. muscular, skeletal, cardio-vascular body systems) through their practical lessons.

In Years 10 & 11 core PE, the teacher will offer a variety of sports, basketball, badminton, table tennis, volleyball, netball, football, cheerleading, cricket and rounder's. A main aim is to encourage pupils to move from a school setting into a community one.

KS4 examination (Cambridge National), pupils will undertake 4 units of work that will develop their knowledge and understanding of sport and science.

**Assessment**

At KS3 (Years 7- 9) pupils are given a practical assessment in the sport that they have been studying for 6 weeks. At the end of every term all pupils will sit an exam to cover the anatomy and physiology that they will have covered.

At KS4 core pupils will be given a grade based on their participation and skill level demonstrated within an activity.

Year 10 & 11 pupils who have chosen the Cambridge National will be assessed via coursework in three of the four units and this work will be marked once formatively and once summatively. One unit is assessed by an exam that will be taken in Year 10 during the month of May.

**Grouping & Setting**

In Year 7 pupils are taught in their form groups which means classes are mixed gender and also mixed ability.

Years 8-11, where possible, are taught in single set groups that are mixed ability. The exception to this is if pupils have chosen the Cambridge National exam. They will be in a mixed group that will also be mixed ability.

**Support/ Revision/ Extra Curricular and Useful Websites**

- The PE department offer an extensive extra-curricular programme that consists of clubs (lunchtime & after-school) and trips. The clubs provide competitive and also recreational opportunities. Please check the website each half term for details of the clubs/trips offered.
- There are also additional sessions available to the Cambridge National pupils, enabling them to achieve the best grade possible.